

## Max Hanson, Gustavus

Buffalo, Minn. / Buffalo  
Week of: 2010-03-01



Gustavus Adolphus College senior **Max Hanson** (Buffalo, Minn.) won the 600 yard run at the Macalester Pre-MIAC Meet on Friday in St. Paul. Hanson's time of 1:12.35, sets a new Macalester fieldhouse record, ties the MIAC Indoor Championship record, and gives him the top time in the conference by over a second. Hanson also ran the anchor leg of the first-place Gustie 4x400 meter relay team.

## Mike Hutton, St. Thomas

Apple Valley, Minn. / Apple Valley  
Week of: 2010-02-22



University of St. Thomas sophomore **Mike Hutton** (Apple Valley, Minn.) led the Tommie with two NCAA marks at the University of Minnesota Snowshoe Open. Hutton just missing an automatic qualifying time in the 800 meters on Friday night with a second-place finish just .10 seconds behind Minnesota's Travis Burkstrand. His time of 1:52.93 ranks third best thus far in Division III. Hutton later joined his teammates to better the NCAA provisional mark in the 4x400m relay which now ranks sixth in the country with 3:19.49 time.

## Max Hanson, Gustavus

Buffalo, Minn. / Buffalo  
Week of: 2010-02-15



Gustavus Adolphus College senior **Max Hanson** (Buffalo, Minn.) claimed a 2.5 second victory in the 800 meters with his time of 1:54.68 at Carleton's Meet of Hearts on Saturday. Hanson's time is the top in the conference and provisionally qualifies him for the NCAA Championships.

## Joel Quick, Bethel

Johnston, Iowa / Johnston  
Week of: 2010-02-08

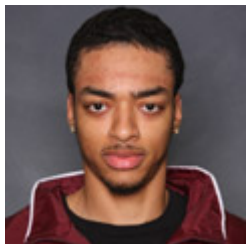


Bethel University senior **Joel Quick** (Johnston, Iowa) won the 200 meter dash in a personal best time of 22.57 and was part of the Bethel 4x400 meter relay team that broke a school record and provisionally qualified for nationals with a time of 3:20.97 at last weekend's Bethel Invitational. Quick was also the second fastest MIAC runner in the 55 meter dash, placing fourth overall in a time of 6.61.

### **Nick Ward, Augsburg**

Coon Rapids, Minn. / Coon Rapids

Week of: 2010-02-01

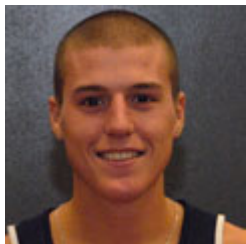


Augsburg College junior **Nick Ward** (Coon Rapids, Minn.) ran an NCAA Provisional Qualifying mark of 6.46 in his first race of the year in the 55 meter dash at UW-Stout's Warren Bowlus Open. Ward finished first out of 43 competitors in the event and his time is currently the top time in the MIAC. Ward also finished third in the long jump with a leap of 6.31.

### **Dan Greeno, Bethel**

St. Michael, Minn. / St. Michael-Albertville

Week of: 2010-01-25



Bethel University senior **Dan Greeno** (St. Michael, Minn./St. Michael-Albertville) led from the gun to win the indoor mile run at the UW-Stout Open on Saturday with a time of 4:15.99. Greeno was mostly unchallenged in the race winning by six seconds. His time broke the school record and dipped just below the NCAA provisional mark.

## **Gabe Hymer, Bethel**

Apple Valley, Minn. / Apple Valley  
Week of: 2010-03-01



Bethel University first-year **Gabe Hymer** (Apple Valley, Minn.) broke an 18 year-old school record with an NCAA provisional mark of 4.68 meters to win the Pre-MIAC pole vault competition at Macalester College. This mark establishes Hymer as the MIAC pole vault leader and a national ranking of 24th.

## **Andrew Schlichting, Hamline**

Shoreview, Minn. / Mounds View  
Week of: 2010-02-22



Hamline University sophomore **Andrew Schlichting** (Shoreview, Minn./Mounds View) improved his previous NCAA provisional qualifying mark in the weight throw by one foot at the University of Minnesota Snowshoe Open on Friday night. His distance of 17.75 meters currently ranks 12th in Division III.

## **Eyo Ekpo, St. Thomas**

Andover, Minn. / Andover  
Week of: 2010-02-15



University of St. Thomas first-year **Eyo Ekpo** (Andover, Minn.) had three strong performances on Saturday at the Lake Superior Challenge in Duluth, Minn. Ekpo won the high jump with a height of 1.92 m (6-3 1/2). He placed second in the triple jump with a leap of 13.45 m (44-1 1/2) and third in the long jump with a 6.44 m (21-1 1/2).

## **Andrew Schlichting, Hamline**

Shoreview, Minn. / Mounds View  
Week of: 2010-02-08



Hamline University sophomore **Andrew Schlichting** (Shoreview, Minn./Mounds View) placed second in the 35# weight throw with a toss of 17.40 meters (57' 1") at UW-Superior's Border Battle over the weekend. Schlichting's distance is a NCAA provisional qualifying mark, currently 14th best in the nation, and his personal best throw.

### **Jay Quick, Bethel**

Johnston, Iowa / Johnston  
Week of: 2010-02-01



Bethel University junior **Jay Quick** (Johnston, Iowa) cleared 2.07 meters and won the high jump at the St. Olaf Invitational on Friday. The height is a NCAA provisional qualifying mark and Quick cleared it in his first meet of the season after studying abroad the last month. The 2.07m mark is also tops in the MIAC and third in all of Division III so far in 2010.

### **Andrew Brueggen, Saint Mary's**

Holmen, Wis. / Holmen  
Week of: 2010-02-01



Saint Mary's University junior **Andrew Brueggen** (Holmen, Wis.) had a toss of 18.34 in the weight throw that not only won the competition, but is Saint Mary's school record, an automatic qualification to the national championships and is currently tied for the third best throw in Division III this year at UW-Stout's Warren Bowlus Open on Saturday.

### **Derall King, Hamline**

Inver Grove Heights, Minn. / Simley  
Week of: 2010-01-25



Hamline University junior **Derall King** (Inver Grove Heights, Minn./Simley) won the shot put and weight throw at Saturday's St. Olaf Triangular. King won the shot put with a toss of 16.17 meters (53-0 3/4) and for the second week in a row, met the NCAA provisional mark. He won the weight throw with a distance of 15.49 meters (50-10).